

II Corinthians 6:1-13 and 7:2 How To Stop Being Overwhelmed 3/22/2026

Ex. Surfing; Ignoring some things and focusing on other things,,, equal a great day! You have to get into the flow of the power of the waves. Timing is the most important thing. Getting frustrated does not help.

Things you have to coordinate: Low and high tides, where to stand in the water, how to keep facing the shore as you surf, riptides, low and high sounds of the waves. Knowing the curve of the wave, knowing a good wave from a bad wave. Knowing when to launch yourself into the wave trough. Not expecting to swim up out of the wave immediately. The wave will hold you down 4 seconds longer than you had planned. You will finally get it! **You cannot outwrestle a wave; but you can flow with it.** What looked paradoxical in the lives of the Apostles surprised them, and encouraged them!

Intro: Paul and the Apostles had a "flow" to their lives. **"Flow" does not mean easy; it means effective.** They had done all to deliver the message clearly. By doing it with great opposition to themselves the Corinthians could see their pure motives, which verified the message even more. You did not have to guess what the predominate reality was in their lives. It was on the receiving end, the Corinthians end of the message that was the problem. (6:11-13, 7:2)

The Apostles were not Stoics, the love of Christ had been poured onto their hearts by the Holy Spirit. The love of Christ controlled them as they voluntarily surrendered to God. **They made adjustments to the moving of the Holy Spirit moment –by- moment.** They, and we, can be carried along to fulfill God's will for our lives, within the perfect timing of God.

Text: II Corinthians 6:1-13, 7:2

6:1 -4a "in everything" – Now that will take attentiveness; but it is not frustrating! Every small success is rewarded to an embarrassing level. ("comfort in abundance,,, " II Cor. 1: 5

God has the process well in hand. He motivates you to try again! Philippians 1:6, 2:13

Paul speaks often of his suffering for Christ' sake. I Cor. 4, II Cor. chapters 4, 6, 11, 12. Philippians 4: 11-12.

6:4b-10 Suffering, surrendered to God brings a satisfying result. Fear leaves, and peace remains! But it is still very hard, yet nothing is missing or wrong with you.

6:10a ",,,as sorrowful, but always rejoicing"

Question: How can that be? Are you not either sad or happy, but not both?

Ex. John 16:16-22 The resurrection of Jesus gave us a sustaining joy! Because He won,,, you win constantly!

6:11-13, 7:2 The horrible, and miserable restraint of the Corinthian church. They wanted the freedom the Apostles had, and could have if it not for ,,,,what?

Question: What was holding them back?

Ex. Donald story- Superintendent John Mayes- FFA jacket- He now had a loving family, but would rather lean on his hard-luck story and run from love. Love does undercut excuses! Would you rather have sympathy, play the victim, than have love?